



Useful Vision provides positive opportunities and activities for vision impaired children aged 0-19 and their families in the North East.

Join us in January & February 2018!

Go Climb, Stockton. Climbing-based activities which provide healthy, challenging fun for all the family. Suitable for children aged 4 and over. No climbing experience is necessary and full training is given, with a 40 minute induction as part of your session. All equipment is provided. There is a weight restriction of 22 stone. A buffet will be provided afterwards. **Sunday 14th January, 11am-1.30pm.**

Bounce Early Years Group, Sunderland. Early years group for babies and young children with visual impairment and their siblings. Bounce is also open to younger siblings of the VI child who may now be at nursery or school. Children can enjoy exploring the soft play area, followed by a sing-along session. **Tuesdays 16th January & 6th February, 1.15-2.35pm.**

Skills Workshop, Cramlington. Suitable for vision Impaired children aged 10 years and over. Children will increase their confidence and gain more independence. They will have the opportunity to learn new skills, taking part in a range of activities and introductory taster sessions. Children will take ownership of projects and be involved in planning activities. **Saturdays 20th January & 17th February, 10am-12.30pm.**

East End Pool, Newcastle. We have sole use of the pools, followed by fish and chips afterwards. There is a strict ratio of adults to children in the pool for safety: children under 5 years must have one adult each, 5 to 8 years must have one adult to every 2 children. There are no longer slides or a wave machine available at the pool but inflatables will be provided. **Saturday 27th January, 3-4.45pm.**

Adventure Valley, Durham. Meet the animals with an exclusive petting session and bottle feed kid goats and visit the Lambing barn. There are indoor and outdoor play areas and within the Indoor Play Town there is a large café. Tractor rides are available too. **Sunday 11th February, 12-3pm.**

Cookery & Pottery Workshops, Gateshead. Children will be able to make pinch and coil pots and other creations and make delicious food from scratch. Suitable for children aged 8+. Children can be left at the centre or parents can stay. **Tuesday 13th February, 10am-2.30pm.**

Tiny Town, Newcastle. Afternoon of role play at Tiny Town - an adventure for growing minds. All Tiny Town areas are scaled down for children to enjoy. Tiny Town encourages educational development and aims to expand a child's understanding of themselves and those around them. **Wednesday 14th February, 1.30-3pm.**

Tyneside Cinema, Newcastle. Exclusive audio descriptive viewing of The Lego Batman Movie. Come along in your favourite superhero costume and enjoy the film. **Friday 16th February, 10am-12pm.**

Newburn Activity Day, Newcastle. Family day at Newburn Activity Centre. Activities will include; Trampolining, Climbing, Archery, Interactive Room, Sensory Room, Soft Play and Adapted Bikes (outdoors – weather permitting). **Sunday 18th February, 12-4pm.**

Splash, Stockton. Exclusive use of the swimming pool and learner pool. We will also have use of the floats, flumes and wave machine for anyone feeling brave! There will be a light buffet afterwards. There is a strict ratio of adults to children in the pool for safety; children under 5 years must have one adult each, 5 to 8 years must have one adult to every 2 children. **Sunday 25th February 4.15-6.15pm.**

If you have a vision impaired child and would like to register with Useful Vision or are already registered with Useful Vision and would like to attend an activity, please contact the office on 0845 604 8491 or email office@usefulvision.org.uk. Registration for families with a vision impaired child is free and most activities are free to attend.