



Useful Vision provides positive opportunities and activities for vision impaired children aged 0-19 and their families in the North East.

Join us in March & April 2018!

The Jungle Book Performance at Whitley Bay Playhouse. Musical adaptation of family favourite, The Jungle Book! Filled with catchy music, a laugh-out-loud script, audience interaction, and the chance to meet the characters before and after the show. The perfect treat for families of all ages! **Sunday 4th March, 1.15-4pm.**

Bounce Early Years Group at Bede Tower, Sunderland. Early years group for babies and young children with visual impairment and their siblings. Bounce is also open to younger siblings of the VI child who may now be at nursery or school. Children can enjoy exploring the soft play area, followed by a sing-along session. **Tuesdays 6th March & 17th April, 1.15-2.35pm.**

Skills Workshops at Skills 4U NE, Cramlington. Increase confidence and gain more independence. Opportunities to learn new skills and take part in a range of activities and taster sessions. Take ownership of projects and be involved in planning activities. Each session has a different theme and children can join at any stage. Suitable for VI children aged 10 years and over. **Saturdays 17th March & 14th April, 10am-12.30pm.**

Swimming & Bowling Party at Concordia Leisure Centre, Cramlington. Exclusive use of the pools, followed by an hour of bowling, including buffet and refreshments. **Saturday 24th March, 3.45-6.15pm.**

Raft Building at Tees Barrage International White Water Centre. Raft Building session on the River Tees. Suitable for children aged 8 years and over. Light refreshments will be provided. **Tuesday 3rd April, 10am-1pm.**

Sensory Play Session at Northburn Community Centre, Cramlington. Activities will include craft, bouncy castle, sensory trays, soft play and ball pool. Families can also access Seb and Olivia's Den sensory room which has all the latest equipment. **Wednesday 4th April, 1.30-3.30pm.**

Washington Wetlands. Guided tour of the wetlands, craft session, pond dipping activity and Otter feeding session. Families will also have free time to explore the grounds and feed the birds at their own leisure. **Thursday 5th April, 10am-3pm.**

Easter Activities at West Boldon Lodge. Activities will include; Easter egg decorating (real eggs), Easter egg hunt, sunflower seed planting, making rabbit masks and producing outdoor/natural art. Suitable for children aged 3 years and over. **Monday 9th April, 10am-12pm.**

Riding and Carriage Driving at RDA Wear Valley Group. 1 hour riding lesson and 1 hour stable session or half hour carriage driving session and half hour small animal petting session for children who are unable to ride a horse. Minimum age for riding is 4 years. RDA regulations state that no one over 15 stone can ride. VI children are free of charge. Siblings are charged at £10 per sibling. **Wednesday 11th April, 1-3pm.**

Pony Riding and Grooming at The Pegasus Centre, Morpeth RDA. Riding lesson and grooming and stable management session. Minimum age for riding is 4 years. RDA regulations state that no one over 12 stone can ride. VI children are free of charge. Siblings are charged at £10 per sibling. **Thursday 12th April, 10am-12pm.**

Hall Hill Farm, Durham. Lamb Feeds, Tractor Rides, Barrel Rides and Donkey Rides will be running all day. Opportunities to cuddle rabbits and guinea pigs, hold chicks and stroke the larger animals – sheep, goats, donkeys and alpacas! There are also picnic and play areas at the farm. **Sunday 22nd April, 11am-3pm.**

If you have a vision impaired child and would like to register with Useful Vision or are already registered with Useful Vision and would like to attend an activity, please contact the office on 0845 604 8491 or email office@usefulvision.org.uk. Registration for families with a vision impaired child is free and most activities are free to attend.